

# CERTIFICATE OF PARTICIPATION

This is to certify that

**Arno Lourens**

Has successfully participated & completed the  
**5km Prestige Trail Run Series #4 - Grand Finale**  
held at Kaia Manzi.

**TIME 00:31:13**

**PACE 06:13/km**  
**OVERALL 25 of 150**

**GENDER 16 of 56**  
**40 - 49 5 of 16**

29 September 2019, Sun  
Date



BoutTime  
Signature

